

Newsletter

March 2023

Sheffield
LMC



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GP CONTRACT 2023/24 UPDATE WEBINARS

The British Medical Association (BMA) is organising 5 webinars to ensure that every GP has an opportunity to hear about this year's contract changes, ask questions, and share their feedback, at no cost:

- Tuesday 21 March 7 pm to 8.30 pm
- Wednesday 22 March 12.30 pm to 2 pm
- Wednesday 29 March 7 pm to 8.30 pm
- Thursday 30th March 12.30 pm to 2 pm
- Thursday 30th March 7 pm to 8.30 pm

General Practitioners Committee (GPC) England officers will deliver the same presentation at each webinar, meaning that attendees need only attend the event most convenient to them.

These webinars will replace the roadshow events familiar to many from pre-pandemic times. The unusual lead up and consequent delay to this year's negotiations has rendered that approach impractical. It will also free up more time for in-person engagement with the officers regarding the future shape of the contract.

Further details and registration options are available [here](#).

In addition, the GPC Executive Team recorded a [video](#) outlining "where we are now and next steps" and a new [website page](#) has been launched on the contract imposition.

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CHANGES TO THE GP CONTRACT IN 2023/24: LMC COMMENTARY

Following the publication of the updates to the GP contract for 2023/24 and beyond, the LMC has provided a [commentary](#) on what this could mean for General Practice in the city.

Whilst the changes will affect practices differently, the overarching theme of compromising quality care in the interests of one contact disposal (OCD) access metric is going to be very damaging to General Practice.

The LMC is engaging urgently with the commissioners to discuss what kind of support can be provided locally to support General Practice.

As more details emerge in the coming days, we will keep you informed of what this could mean for us all.

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GENERAL PRACTITIONERS COMMITTEE (GPC) REGIONAL ELECTIONS

As noted in the February LMC newsletter, nominations were sought in the election of voting members of the GPC as regional representatives for the 2023-2026 sessions in our regional constituency (Barnsley, Doncaster, Rotherham & Sheffield). As our constituency is contested, a mass email was issued by the British Medical Association (BMA) noting that a ballot has opened. LMCs have been asked to increase engagement by also sharing details of the ballot, which will end at **12 noon on Thursday 30 March**.

Information about how BMA members and non-members can vote in the ballot can be found [here](#).

In addition, concerns have been raised with the BMA that some voters were unable to see the GPC election or the correct region to vote in (area of residence vs area of practice). As such, we have been asked to share the following to ensure that eligible individuals are granted access to voting in their regions:

BMA member unable to access the election: The most common reason for members not being able to access an election is due to their member details being out of date. It is worth checking details [here](#) and updating anything that is not accurate, ensuring to include a place of work if there is not already one listed. It is also suggested that an email is sent to elections@bma.org.uk noting BMA number and the region to be voted in. The team can then grant access to the election.

Non-members unable to access voting: A BMA web account is needed. Anyone who thinks they already have one but are not sure, are asked to request that the elections team checks by emailing elections@bma.org.uk noting GMC number. The team will be able to grant access to eligible individuals with an account. If an existing account does not exist, this will need to be created - follow the [link](#) to 'request a temporary non-member account'. Once an account has been created an ID number will be assigned, which needs to be emailed to elections@bma.org.uk along with details of the region to be voted in. The team can then grant access to the election.

Any queries about the elections process or how to vote in the ballot should be directed to elections@bma.org.uk. Please note the elections inbox is only monitored Monday to Friday 9 am to 5 pm.

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GP-S MENTORING SERVICE

As many of you will be aware, we host a free mentoring service available to all GPs who are represented by us.

Following the recruitment of new Mentors in 2021, our offer to GPs was expanded and diversified. Mentoring through our service is a structured process, with flexible sessions enabling practitioners to explore and navigate professional and personal dilemmas and challenges. It is confidential and feedback about the process is anonymous and encouraged.

A choice of Mentors is offered subject to availability - all are experienced in current challenges in the workplace and are represented Sheffield GPs.

Posters containing further information about GP-S and how to access the service can be found [here](#). We would encourage any practices that have not already done so to download and display copies in their staff room and / or circulate amongst the GPs in the practice. Hard copy posters, leaflets and business cards are also available to Sheffield practices by contacting Amy Watson, LMC Administrative Assistant via adminassistant@sheffieldlmc.org.uk.

If you have any questions or queries about the service, please do not hesitate to contact Mark Durling, GP Mentor Lead via mark.durling@nhs.net.

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PRIMARY CARE SHEFFIELD (PCS) ESTATES JOINT VENTURE (JV) SHAREHOLDER RESOLUTION *Information provided by Neil Cormack, Engagement & Marketing Specialist, PCS*

PCS launched an Estates JV Shareholder Resolution on 20 February via their Service Update, as well as presenting details at Locality meetings and offering Q&A sessions. At a recent meeting of LMC and PCS representatives, the LMC agreed to assist with reminding practices that the **deadline for receipt of voting forms is 20 March**.

Further information can be found via the links below:

- [Follow this link for more background information on The Carveti Group](#)
- [Follow this link for more detail on the Shareholder Resolution](#)

The voting form to be used can be found [here](#). Completed forms should be emailed to pcs.enquiries@nhs.net.

If you have any queries please email pcs.enquiries@nhs.net.

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PERSONAL INDEPENDENCE PAYMENT (PIP) CLAIMS

We have recently received an update from the General Practitioners Committee (GPC) advising GPs who are having conversations with patients about PIP to signpost the patients to the pages at [GOV.UK/PIP](https://gov.uk/PIP). This is so that patients can consider if they may be eligible prior to claiming. The PIP pages include easy-read guides and links to YouTube videos about eligibility, evidence requirements and the claims process. These will help individuals to understand what information they need to provide to support their claim and consider whether PIP is the right benefit for them.

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WORKING WITH TORTURE SURVIVORS E-LEARNING

Freedom from Torture, a charity providing therapeutic care to survivors of torture across the UK, have designed [a course for doctors and healthcare professionals](#) providing care for refugees and asylum seekers. The course was established in response to requests for training from GPs who are treating increased numbers of asylum seekers. A significant proportion of these patients will have experienced traumatic events, including torture, and have resulting complex health needs. Doctors may feel that they lack the specialist knowledge required to support this group.

Backed with funding from BMA Giving, the 10-module course educates on the physical and psychological impact of torture, the unique treatment needs of survivors of sexual torture and how to document evidence of torture in medical records.

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GP SUPERVISOR WORKSHOP FOR PHYSICIAN ASSOCIATES

*Article submitted by Ria Agarwal, Lead Physician Associate,
South Yorkshire and Bassetlaw Faculty for Advanced Clinical Practice*

This is a local workshop for GPs supervising PAs run by us at the Faculty for Advanced Clinical Practice, and the link to sign up is available here along with the agenda: <https://www.eventbrite.co.uk/e/gp-supervisor-workshop-for-physician-associates-tickets-551365046697>. It will be recorded, so if GPs can't attend they are welcome to email me directly and I can forward them the Zoom recordings following the event - riaagarwal@nhs.net.

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WOMEN'S HEALTH UPDATE MEETING

*A Woman's Life Cycle - What's New in Contraception, Morning Sickness & Menopause /
Presented by Dr Diana Mansour*

30 March 2023 - 18:00 to 21:00 / Mercure Sheffield Parkway Hotel, Britannia Way, Sheffield S60 5BD

A free educational event open to all health care professionals
Hot buffet supper provided

You are cordially invited to attend this meeting to listen to and question one of the world's leading experts. Dr Mansour will discuss her thoughts on latest treatment options and up to date opinion and give ample opportunity for you to ask questions.

Book your place now as limited availability - peter.hey@yrfpupdate.co.uk / 07775 704709.

Meeting sponsored and supported by pharmaceutical companies who will exhibit at this meeting.

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Please forward any articles for inclusion in the LMC newsletter to
manager@sheffieldlmc.org.uk

Submission deadlines can be found [here](#)

Contact details for Sheffield LMC Executive can be found [here](#)
Contact details for Sheffield LMC Secretariat can be found [here](#)



Sheffield LMC's free peer to peer mentoring, coaching and signposting for General Practice.
GP-S is free and open to all represented Sheffield GPs. More information can be found [here](#).